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Feather Warrior Casino, Watonga, Okla.

Feather Warrior Casino Expansion, Canton, Okla.

Photo by Sylvia Ramirez

Tribes' casinos on a winning streak

By Rosemary Stephens, Editor-in-Chief

Walking into any one of the four Cheyenne and Arapaho tribes' gaming facilities a person can immediately hear the sounds of jackpot bells ringing.

Over the past three months significant changes within the tribes' gaming industry has brought about increased revenue for everyone involved.

"Currently we are in the process of planning to build a stage/amphitheatre at our Concho location and I anticipate construction to begin by the end of the year for a scheduled completion for the summer 2011 season," Brian Foster, Cheyenne and Arapaho tribes' casinos chief executive officer (CEO), said.

Foster said over the past three months the players club database has been improved to track clientele visits. If a customer hasn't been in for a while Foster said they are able to track that and offer incentives such as free concert tickets, free play or something to entice them to visit.

Foster said during the year of 2009 the monthly distribution to the tribes averaged a little over $2,333,000. In comparison, the last three months distributions have averaged over $3,333,000, an increase of 40 percent. He said the Watonga location in 2009 had a loss of $337,725, which meant no distribution to the tribes, but in the past three months has had an estimated turnaround of 400 percent and the same with the Canton location where they averaged a loss all of last year, but have turned around this year and are also contributing to the monthly distribution to the tribes.

Foster said there were several issues that attributed to the increase in distributions such as customer service has been improved, but also the casino employees are being better trained and the employee moral has increased which gets passed on to the customer.

Expansion plans for the Feather Warrior-Canton location has been underway and has an anticipated completion date of mid-May 2010.

He said other areas that could attribute to the larger distributions to the tribes was a revamping of TV, radio and billboard advertising to attract a targeted demographic group resulting in huge advertising cost savings.

"We also have property in Hammon, Okla. that the tribes have spent money on last year that we would like to build another gaming facility on, since the tribes have invested in this land," Foster said.

Currently there are preliminary steps in place for an environmental study and an employment job fair underway for the Hammon area, Foster said.

According to casino representatives, the gaming commission has also been instrumental over the past three months in saving the tribes money. They have become compliant with the National Indian Gaming Commission (NIGC) on employees licensing and have begun the process of vendor licensing.

"The gaming commission has corrected 82 violations that we were cited for and have brought current all past tax bills," Foster said. "So we are continuing to grow and move forward."

Lucky Star Casino, Concho, Okla.

Lucky Star Casino, Clinton, Okla.

Photos by Rosemary Stephens

New Mexico community meeting breaks barriers

By: David Bearshield, Reporter

Photos by David Bearshield

Above-Cheyenne and Arapaho tribes' Gov. Janice Boswell and Lt. Gov. Leslie Harjo greet tribal members at the New Mexico community meeting.

Cheyenne and Arapaho tribes' Chief of Staff, Ida Hoffman and granddaughter, Laura Beaver welcome tribal members to the community meeting.

Cheyenne and Arapaho tribes' community meeting successfully breaks political barriers and levels concerns.

Tribal members and their families flooded the Pueblo Cultural Center, April 24, 2010 in Albuquerque, N.M. and were welcomed by tribal leader, Lawrence Shortman. A prayer opened the meeting offered by Opal Chavez.

"I would like to take this opportunity to welcome each tribal member of the state of New Mexico to our community meeting today. We have experienced a positive change in our administration over the past three months and are wanting to afford you and your families the opportunity to meet your newly elected Governor and to provide you with some insight on the services provided by the tribes," Hoffman said. "This meeting will give each of you the opportunity to meet the people that service you. I am proud to be given the opportunity to allow such a meeting to take place."

As applauds and concerns drifted from the crowd, Cheyenne and Arapaho tribes' Gov. Janice Boswell spoke about the many endeavors experienced since her election and first day in office.

"Today I have introduced myself and met with many of you before the meeting and I am honored to be here. I campaigned a transparency and change and I have extended my efforts to allow this government to work richly together … giving us the opportunity to move vastly forward into future developments. I need your support as tribal members of New Mexico to continue my efforts throughout my tenor in office." Boswell said.

*See **community**, page 2*

Photos by David Bearshield

Pictured l-r: Brooks Stroman, El Reno district mentoring coordinator, James Bates Jr., tribal outreach coordinator, Teresa Dorsett, education executive director, Garland Delk, El Reno Academy principal, Steve Watson, El Reno transition coach.

Mentoring program fights high school drop out rates

By David Bearshield, Reporter

Continuing efforts of the Cheyenne and Arapaho tribes' Department of Education and the El Reno Public School system are bringing awareness to the increasing percentage of Native American students dropping out from the public school systems.

The partnership between the tribes and the El Reno Public Schools is the culmination of several months of negotiations and discussions.

"We have received strong support and encouragement from the Cheyenne and Arapaho tribes' Gov. Boswell, Cheyenne and Arapaho tribes' Department of Education Executive Director, Teresa Dorsett, El Reno High School principal Matt Goucher and the El Reno High School Academy principal, Garland Delk" James Bates, Jr., Cheyenne and Arapaho tribes' tribal outreach coordinator, said.

A meeting was held April 19,

*See **mentoring**, page 4*

community

Continued from page 1

Gov. Janice Boswell greet tribal members as they enter the Pueblo Cultural Center.

Cornell Sankey, Cheyenne and Arapaho tribes' acting treasurer, first shared his experience and educative background in the field of accounting and finance.

Tribal members voiced their concerns on the financial crisis of the past administration.

"An audit has been done on all employees that held higher positions in the department of administration, not to bring embarrassment or shame to tribal employees, but to set a precedent on administration to administration, giving a clearing on all finances of the tribes," Chavez said.

Carol Whiteskunk, Cheyenne and Arapaho elder care program director conducted an overview of the six page application elders fill out for assistance. The elder care program provided 34 elders with services and also provided door prizes for the community meeting.

"Future developments are my vision for this tribe," Chester Whiteman, Cheyenne and Arapaho tribes' economic development director, said.

Whiteman gave developments of various projects underway since January 2010. One project Whiteman said was almost at it's completion, the Canton Casino expansion project.

"I am proud to announce that the majority of the casino employees from management to casino staff are tribal members, and we are striving to promote tribal preference within our casinos. Our casinos busiest days of the week are Fridays, which we see an estimated 3600 customers," Chris Derenzo, Lucky Star Casino, assistant general manager, said.

Longtime New Mexico tribal member, Opal Chavez, hugs Vera Franklin at the community meeting in Albuquerque.

Also presenting information was Cheyenne and Arapaho tribes' R.E.Sp.E.C.T.'s Program Director, Parry RomanNose, George Burt and Abner Goodbear, Cheyenne and Arapaho tribes' crisis department caseworkers and Karen LittleCoyote, Cheyenne and Arapaho tribes' culture and heritage Cheyenne program director.

Albuquerque's' Native American Chamber of Commerce member, Russell Pedro, personally invited Boswell and Hoffman to continue community meetings in the Albuquerque area. The tribes provided a buffet style meal and tribal employees served elders and their families.

Child's death leaves more questions than answers

By Rosemary Stephens, Editor-in-Chief

Naomi Whitecrow, 2-year-old Cheyenne and Arapaho tribal member's death has many asking why.

Whitecrow was born on Dec. 9, 2006 and was pronounced dead on Jan. 20, 2009 after being placed in the foster home of Amy Holder of Edmond, Okla. through the Oklahoma Department of Human Services (OKDHS).

"There have been some concerns expressed by the Oklahoma Child Death Review Board about the facts in this case in that there was suspension that there may have been criminal activity involved," Rob Hudson, Logan County District Attorney, said.

Holder was arrested for felony child abuse nearly a year after Whitecrow's death. She is charged with *"child abuse felony on or between the 12th day of September, 2008 through the 20th day of January, 2009, by maliciously failing to provide minimum, proper and adequate food and medical attention to Naomi Whitecrow, age 2, while she was in the care and custody of the Defendant as a foster child and performed unnecessary physical procedures on the aforementioned N.W. causing the following physical injuries from the resulting blunt force trauma, to-wit, pancreatic hemmorage, fat necrosis, ultiple contusions and abrasions of her face and scalp, contusions to the back, back of the head, front and back of legs and buttocks."*

The Whitecrow children were first removed from their home in Blaine County, Okla. Though the Blaine County Court recognized Whitecrow was eligible for tribal enrollment, no relatives had been identified for possible placement of the children and no tribal foster homes were available for placement at that time.

According to OKDHS records, Whitecrow was first placed into OKDHS custody on Feb. 20, 2008. Whitecrow was placed in her first foster home with her brother on Feb. 21, 2008. Holder (the accused) applied for foster home approval on March 14, 2008. On May 14, 2008, the Blaine County Court adopted a treatment plan for the biological parents of Whitecrow and her brother. Again, no tribal foster homes were available for placement. On July 23, 2008, the Whitecrow children were placed with their biological mother in a trial reunification plan under supervision. On Sept. 12, 2008 the trial reunification plan failed and Whitecrow ended up in the foster home of the accused, Holder, while her brother was placed in a different home.

Four months later, Whitecrow was pronounced dead on the morning of Jan. 20, 2009. The Oklahoma State Medical Examiner's office listed the cause of death as "unknown".

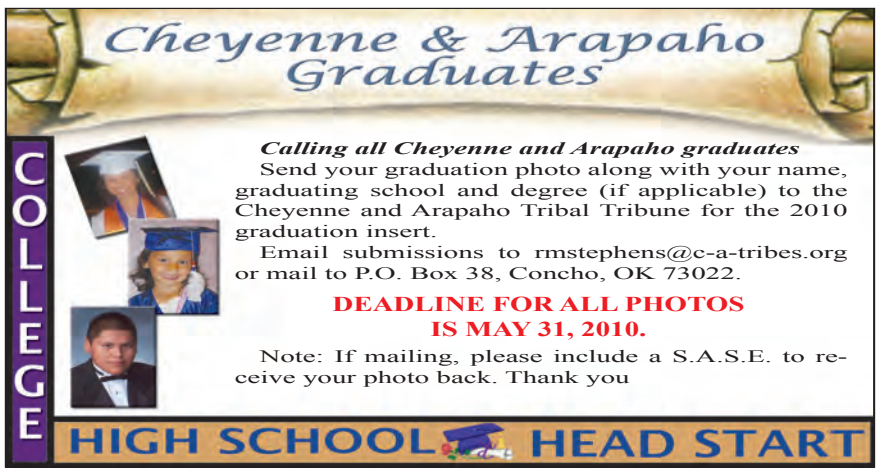
Logan County Assistant District Attorney, Vince Antonioli requested an investigation through the Oklahoma State Bureau of Investigations (OSBI) on March 2, 2009.

On Sept. 14, 2009 autopsy reports, photographs and other evidence were sent to Dr. Dean A. Hawley, forensic pathologist for Indiana University School of

Courtesy photo

Naomi Whitecrow

*See **death**, page 3*


Cheyenne & Arapaho Graduates
COLLEGE
Calling all Cheyenne and Arapaho graduates
Send your graduation photo along with your name, graduating school and degree (if applicable) to the Cheyenne and Arapaho Tribal Tribune for the 2010 graduation insert.
Email submissions to rmstephens@c-a-tribes.org or mail to P.O. Box 38, Concho, OK 73022.
DEADLINE FOR ALL PHOTOS IS MAY 31, 2010.
Note: If mailing, please include a S.A.S.E. to receive your photo back. Thank you
HIGH SCHOOL HEAD START

CHEYENNE AND ARAPAHO 2010 GRADUATION BANQUET

Date of Event:	May 5, 2010 (Wednesday)
Place:	The Frisco Conference Center in Clinton, Oklahoma
Time:	Registration will begin at 5:15 pm, graduates will have one photo taken
Flag Songs:	Red Moon Singers
Buffet Meal:	6-7 p.m.
Cultural Entertainment:	Eddie Henry Dance Troupe
Program Begins:	7 p.m.
Master of Ceremonies:	Chance Rush
Keynote Speaker:	Tex Hall
Honored Educator:	Dr. Henrietta Mann

Graduates may bring two guests. Invitations to eligible graduates will be mailed on April 26, 2010. To find out if your name is on the graduation invitation list, call (405) 422-7560 or email wwhiteman@c-a-tribes.org.

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Oklahoma Press Association member

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Tribal members may pick up copies at the following Oklahoma locations: Tribal complex, Smoke shop in Concho; Indian clinic, BIA office, Education building (Canadian Square), Chamber of Commerce, City Hall in El Reno; Indian clinic, Elder care, Housing building, Annex, Cheyenne Culture Center, Smoke shop in Clinton; Indian clinic, Food Distribution in Watonga; Canton Smoke shop, and Seiling/Fonda Community Center. / Papers are printed by Lindsay Webb Press.

Newspapers per copy - 50 cents; Annual subscription rate - $35; Enrolled C & A tribal members - FREE.

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Cheyenne and Arapaho Tribes Summer Youth Program 2010

Submitted article

The tribes' Workforce Investment Act (WIA) staff is preparing for this summer's employment and training program.

Summer Youth 2010 is scheduled to begin June 7, 2010 and will end July 31, 2010.

Native American youth, ages 14-24, residing within the Cheyenne and Arapaho tribes' eight county service areas are eligible to apply.Counties include: Beckman, Blaine, Canadian, Custer, Dewey, Kingfisher, Roger Mills, and Washita.

If selected for participation this summer, the youth will earn minimum wages of $7.25 per hour.

Youth participants will work eight weeks, Monday through Friday, 8 a.m to 5 p.m. Participants will be paid every Thursday, with there the first pay period beginning June 17, 2010.

Basic requirements include:

1) youth must be enrolled with a federally recognized tribe and must provide a tribal identification card or a Certificate of Degree of Indian Blood (CDIB)

2) youth must be a resident of the service area for thirty (30) days prior to date of application;

3) youth must be income-eligible.

Applications are now available at the Cheyenne and Arapaho tribes WIA office located at the Tribal Complex in Concho, Okla. Office hours are 8 a.m.-5 p.m. Monday-Friday.

For further information or if you would like an application sent to you, please call (405) 422-7664 or (800) 247-4612, ext. 27664.

Hurry! The deadline to submit an application for the Summer Youth Program is May 21, 2010.

The WIA program has received stimulus funding for Employment and Training for Native American youth, ages 24 and under. If you are seeking employment, meet the requirements listed above and are between 19-24 years of age, please contact our office for an application. This program is ready to begin now.

Free Science Camp sponsored by Exxon Mobile and SWOSU

SWOSU in Weatherford, Okla. is hosting a free two-week overnight science camp July 11-23, 2010 for students entering sixth, seventh and eighth grades in the fall. Students will do rockets, robotics, astronomy, biology and more.

To apply contact Wayne K. Trail at (580) 774-3124 or e-mail wayne.trail@swosu.edu. Students can also visit www.swosusciencecamp.org.

Elk City-Hammon
Tuesday, May 4, 2010
Clarion Inn (formerly known as Holiday Inn), 101 Meadow Ridge, Elk City

Weatherford-Thomas Pioneer Building
Thursday, May 6, 2010
1000 Gartrell, Weatherford

TOPICS include: Home Maintenance, Insurance, MEPA, Inspections, Recertifications, and Housing Polilices

Native care blends modern doctoring, medicine men

SECOND MESA, Ariz (AP)--The hospital stands in the midst of a world of traditions of Hopi clowns dancing around centuries-old villages, of Navajo elders tending their sheep, of customs as ancient as the winds that buffet the mesas and desert lands that stretch to the horizon. And so, even at this center of modern medicine on the 27,000-square-mile Navajo Nation, it's not unusual to see Native medicine men attending the sick. They might perform ceremonies to rid patients of bad spirits, or offer song and prayer in blessing a room where someone has died.

Moving between the two worlds is Joachim Chino, M.D. A Navajo-Acoma, he grew up on the reservation where the practices of medicine men often came first. He is well aware of how the cultural beliefs of his patients can affect what he does.

Chino, 37, modest and soft spoken, makes rounds wearing a white lab coat, a stethoscope stuffed in one pocket. He carries the authority of chief of surgery at the Tuba City Regional Health Care Corp., a major medical facility on America's largest Indian reservation.

Yet he often avoids eye contact as he consults with his patients. He speaks in the third person when delivering a difficult diagnosis. And unless he is asked directly about the chances for survival, he doesn't say.

Strongly held Navajo cultural tenets do not allow directly linking a person to an illness and its consequences. To do so could be interpreted as wishing harm.

"It just delays their fear — not mentioning death and dying specifically in their situation," Chino said. "I think it's helpful."

But cultural deference goes only so far, he said. Ultimately, "it's just like going to see any other surgeon."

And that's as it should be, said Navajo medicine man David Begay. Patients seek medicine men for encouragement and to restore their spirituality, yet they also must put faith in modern doctors.

"Any way to get healed, any way to get help, I think that's the ultimate thinking here," Begay said.

Bridging the cultural chasm between physicians like Chino and traditional healers is seen as essential for improving care on tribal lands, where hospitals and clinics struggle to keep doctors. It is the oft-expressed hope of Native elders that their talented students will leave the reservation to get an education, then return to help the people.

Tucked into the larger health care reform passed by Congress was reauthorization of the Indian Health Care Improvement Act. The bill addresses recruiting and retaining physicians and other care providers, including mentoring programs, workplace support systems for Natives in the medical field, and increased attention to scholarship and loan programs.

The return of even one medical graduate to a tribal community can make a huge difference in the quality of care, said David Bear, assistant dean of admissions at the University of New Mexico's School of Medicine.

"It doesn't take a whole lot," Bear said. "We're sometimes just focusing on going from zero to one."

Chino was among just a handful of Indian students studying medicine at UNM a decade ago. Last fall, a record nine Native students were admitted to the four-year program in Albuquerque. The gains in recruitment are small, given the program's 300 students, but meaningful with the university's proximity to Native populations and its vigorous outreach.

The top American Indian and Alaska Native students are courted by the nation's most prestigious medical schools. Even so, those enrolled last fall, 623 nationwide, made up less than 1 percent of the 77,000 total medical students, according to the Association of American Medical Colleges.

The universities of Minnesota, North Dakota, Washington and Oklahoma produce about 25 percent of all American Indian physicians, said Dr. Gerald Hill, a board member and past president of Association of American Indian Physicians.

University officials say the biggest barrier to getting more tribal members to pursue careers as physicians is showing them that goal is within reach and persuading them to leave the reservation.

Native physician role models can help.

Missy Begay, a self-assured young Navajo woman and second-year medical student at UNM (not related to David Begay), was in high school in northwestern New Mexico when Chino visited to encourage students to follow his lead.

She was drawn immediately to the young doctor's demeanor.

"He came in in scrubs and he was talking about some sort of surgery and the brain, something just really far out, just beyond what I could even imagine," she said. "He seemed just really passionate about what he was doing."

With her unique family heritage, Begay was ready to be convinced. She is the daughter of another UNM medical school graduate and the granddaughter of a medicine man.

Some of her earliest memories focus on the people who came to her grandfather, seeking diagnoses for their ailments. Her role was to serve coffee before her grandfather's private consultations.

"Afterward, they would do this ceremony for the person," she said. "As a child, I remember being really curious about that."

Arriving at UNM medical school, the Stanford graduate was already prepared for the potential clash between cultural tradition and Western medicine. The first-year anatomy class, which calls for dissecting a cadaver, can be particularly challenging.

Navajos are told to stay away from dead bodies and from burials. Begay said her community back home conducted ceremonies to prepare her for the class.

Her elders understood that the bad parts of taking the class would be outweighed by the good of her becoming a doctor, she said, and so they were willing to help her, even though it pushed her farther away from tradition.

"You're going to be seeing the human body inside and out," she said. "If you're curious, that's like the height of all curiosities that you can do. But as a Navajo person, you sort of had to compromise some of your identity and some of your beliefs and put that aside."

Gayle Dine'Chacon, a Navajo and director of UNM's Center for Native American Health, described the double doors leading into UNM's anatomy lab as a physical and spiritual barrier that she had to cross when she was a medical student there 20 years ago.

"Physically having to open those doors and walk through from this side to that side for me was a transformation, to go from this side of the doors to entering almost another world," she said. "It can be very soul searching when you think about what you are doing."

Twenty years later, Dine'Chacon said she still prays and has ceremonies to protect herself from the effects of that class.

In the Tuba City hospital, Chino walks past people adorned in silver and turquoise jewelry, their hair wrapped in buns. Women in traditional floor-length velvet skirts and men in cowboy hats talk among themselves in their native language as they wait to be seen.

Although Chino has fulfilled his commitment to the hospital under an Indian Health Service scholarship, he chooses to remain in Tuba City, a windswept community on the western side of the reservation that borders the Hopi reservation.

The equipment at the hospital is by no means state of the art. There are no private rooms — patients instead are separated in larger rooms by curtains with little space for visitors.

American Indians and Alaska Natives are three times more likely to die from diabetes, have a life expectancy of nearly five years less than other Americans and suicide rates twice that of the general population, according to the IHS.

Diabetes is the No. 1 medical con-

*See **Navajo**, page 6*

death

Continued from page 2

Courtesy photo

Medicine for a second opinion. Hawley determined the cause of death to Whitecrow was blunt force injury to the head, abdomen and extremities, Antonioli said.

"A case like this involving the death of a child is disturbing," Hudson said. "OSBI has invested a lot of man hours in this case … investigating this case. This is one of the largest case reports I have ever seen in my career as prosecutor."

Holder is free on $100,000 bond and is scheduled to appear in court for a preliminary hearing at 9 a.m. on Monday, May 3, 2010 at the Logan County Court house in Guthrie, Okla.

The Cheyenne and Arapaho tribes' Lt. Gov. Leslie Harjo is encouraging support from all tribal members and will be offering transportation to the hearing.

TRANSPORTATION SCHEDULE for SUPPORT OF NAOMI WHITECROW'S FAMILY

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Tribal Tidbits

Submitted photos

The preschool children at the Concho Child Development Center have been very busy planting strawberries.

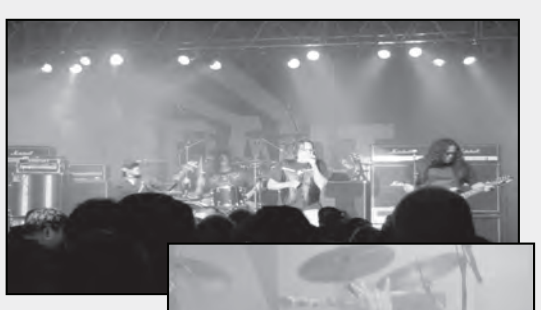
They, however are not planting them in the ground. They have decided to try the new Topsy Turvy planter that is year round and will produce strawberries all year.

The children will get to water them everyday, and also see them grow. They will surely enjoy this experience and taking part in harvesting them. We will give you an update on they're progress once they start growing.

Patrick Bent (l) and Hunter Steward (below) work on the Canton Community Hall renovations.

Submitted photos

The Cheyenne and Arapaho tribes' culture and heritage department have been partnering with the economic development program to complete upgrades and repairs at the Canton Community Hall in Canton, Okla. Both programs are working together in an effort to build stronger communities. Completion for the community hall is slated for May 2010.



Michael Lamebull rocks out on the drums.

Audie Ahhaity. plays the guitar before the Warrant concert in Clinton, Okla.

Submitted photos

The Old Indian Trick (OIT) band,featuring Cheyenne and Arapaho tribal employees, Mike Lamebull and Audie Ahhaitty, opened up for the nationally known rock band "Warrant" on April 16, 2010 at the Lucky Star Casino in Clinton, Okla.OIT performed several original songs, including *Drums of War*, *Still Alive* and *Comes Back*. OIT has several upcoming shows, including at 9:30 p.m., Friday, April 30, 2010 at The Office in Anadarko, Okla.

For more information about OIT visit www.myspace.com/oldindiantrick06.

mentoring

Continued from page 1

Members of the Cheyenne and Arapaho tribes' Department of Education and El Reno representatives meet to share ideas and direction for mentoring program.

2010 at the Cheyenne and Arapaho tribes' education department in El Reno, Okla. to develop a mentoring plan that included Dorsett, Bates, Brooks Stroman, El Reno district mentoring coordinator, Delk, and Steven Watson, El Reno High School transition coach.

A series of meetings held by Bates in past months with local public school officials focused on forming a transition coalition to monitor the 40 percent percent dropout rate of Indian students within the public school system. Major issues concerning Indian male students target new ideas towards the coalitions efforts.

"The school and the tribes believe that alienated teenage Indian males are more likely to drop out of school, abuse drugs and alcohol, and as studies show, they are less likely to graduate from college," Bates said.

In the fall of 2009, the Cheyenne and Arapaho tribes joined together with the El Reno Public School system and announced the formation of a mentoring program directed towards Indian male students. This newly created mentoring program partners an adult Native American male with a student enrolled in the El Reno High School Academy to mentor and to provide a source of involvement in establishing positive future education ventures.

"A transition coalition was created and I am proud to be working directly with James and Teresa on their efforts to make this program a success," Watson said. "I like what Teresa says, we need mentors."

The Cheyenne and Arapaho tribes' education department staff and outside advocates personalized the need to mature this program to it's fullest.

"What we hope to see from this program is that the mentors establish a good relationship with the students. The mentor is not a school official or family member. The mentor is someone who has a different perspective, someone who has achieved professional success while maintaining his Native American culture and identity and it's something we feel is important for these young men to understand," Watson said.

Watson said the important goals of the mentoring program will be to provide another positive role model in the lives of these young men in the hopes that the relationship will lead to increased academic performance, more school involvement and the development of a post-high school transition plan.

With five weeks of school remaining the mentoring pilot program will begin to be analyzed, evaluated by school and tribal officials with input from the mentors, students and parents, Bates said.

The mentoring pilot program will be fashioned to include Native American female students in the fall of 2010.

For more information on the mentoring program contact Bates at (405) 422-7733.

Court case updates

Submitted information

Old Crow vs. Lynn, Case No. CIV-2010-0026

In this lawsuit, George Old Crow sought to undo the actions of the Tribal Council at its March 27, 2010, meeting. George Old Crow filed the lawsuit against the Tribal Council Coordinator Rachel Lynn who Tribal Council voted overwhelmingly to remove from office for failing to do her job. At the A Tribal Court Hearing on April 23rd, 2010 Attorney Steve Stidham, who works closely with Robert Lyttle, the attorney for former Governor Darrell Flyingman, appeared for Old Crow. Rachel Lynn appeared without an attorney as the Tribal Council Coordinator. Neither Lynn nor Old Crow gave notice of the action to the Tribal Council Attorney Richard Grellner. At the hearing, Grellner asked the court to let him intervene to protect the Tribal Council's interests. He pointed out that he had not been given notice of the hearing, provided with service, or given any of the documents related to the case. The Court refused to allow home to intervene or too have any input into the proceedings. At that point, Stidham requested a permanent injunction undoing the actions of the Tribal Council. Lynn stated that she had no objection. The Judge then entered a permanent injunction declaring the Tribal Council invalid. The Court's action are concerning for several reasons. The Court's decision has the potential to undo the Tribes' Tobacco Compact with the State of Oklahoma, which could cost the Tribes thousands of dollars in lost tobacco revenue/ The decision also interferes with the Tribal Council's right to hire and fire its own employees. Judge Smith also failed to follow the law by refusing to allow the Tribal Council's right to have 60 days to answer the complaint.

Lynn v. Hoffman, Case No. CIV 2010-0029

Rachel Lynn has separately filed an action against Ida Hoffman as Tribal Council Chair and several Executive Branch Officials. She seeks to be reappointed to Tribal Council Coordinator and to be paid her salary as the Tribal Council Coordinator. Lynn has obtained an Emergency Temporary Restraining Order (ETRO) form Judge Smith without notice to the Executive Branch. At a Trial Court hearing on April 23rd, 2010 Lynn sought a preliminary injunction and a contempt order against Executive Branch officials. Executive Branch attorneys asked Judge Bob Smith to recuse himself. Although Judge Bob Smith has recued himself in several similar cases, he refused to do so in this case. However, the Executive Branch attorneys succeeded in convincing Judge Smith to stay the case while they seek an appeal of his decision. As a result, the ETRO has been dissolved, no contempt order was issued against Executive Branch officials, and no preliminary injunction was issued.

Harvard University Announcement - No Tuition for Low-Income Families

Submitted information

Harvard University announced over the weekend that from now on undergraduate students from low- income families will pay no tuition. In making the announcement, Harvard's president Lawrence H. Summers said, "When only ten percent of the students in elite higher education come from families in the lower half of the income distribution, we are not doing enough. We are not doing enough in bringing elite higher education to the lower half of the income distribution." If you know of a family earning less than $60,000 a year with an honor student graduating from high school soon, Harvard University wants to pay the tuition. The prestigious university recently announced that from now on undergraduate students from low-income families can go to Harvard for free. No tuition and no student loans! To find out more about Harvard offering free tuition for families making less than $60,000 a year, visit Harvard's financial aid web20site at: http://www.fao.fas.harvard.edu/icb/icb.do or call the school's financial aid office at (617) 495-1581.

Mother's Day Cook-Out
Celebrating all Moms

12 p.m.-4 p.m.Saturday
May 15, 2010 at the
Clinton Fitness Center

Inviting all mothers and children to come out and eat and enjoy yourself!

DOOR PRIZES
VOLLEYBALL
HORSESHOES
MOTHER'S ONLY BINGO
FOOD FOOD AND MORE FOOD
INFLATABLES

For all questions contact the Clinton R.E.Sp.E.C.T. office (580) 331-2602

EHS INDIAN CLUB

INDIAN TACO BOOTH @ BURGER DAY

MAY 1, 2010

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$4.OO IF PURCHASED IN ADVANCE

CONTACT EHS INDIAN CLUB MEMBER OR INDIAN EDUCATION @ 262-1120

Cheyenne and Arapaho Tribal College

100 Campus Drive,
Weatherford, OK 73096
Phone: (580) 774-3742
Fax: (580) 774-7085
E-mail: catc@swosu.edu

Per Capita office needs contact from tribal members

Submitted article

The per capita office needs to touch base with the following tribal members to get their current physical and mailing addresses. The tribal member can contact the per capita office by the doing the following: 1) Mail us at Cheyenne and Arapaho per capita department, P. O. Box 146, Concho, Okla. 73022. 2) Call us at (405) 422-7565 and (405) 422-7725. Our toll free telephone number is (800) 247-4612 ext. 27565 or ext. 27725. 3) Visit our Web site at wwww.c-a-tribes.org/per-capita-information.

If anyone knows these tribal members, please have them contact the per capita office.

David Alan Barnes
Clarence Lee Black Bear
Archie Alton Black Owl III
Bruce Leon Britton
Irene Hill
Jennifer Jackson
Victoria Patricia Begay
Donna Ruth Gibson
Frederich Eugene Curtis
Teresa Bea Burkhead
Darla Lea Anne Doyel
Frederick Wayne Dubose
Ralph Fletcher
Paul Elliott Flores
Annie Frances Franklin
Tamsi E Griffin
Leo Griffith Haag
Rueben Haley Jr
Benny High Walker Jr
Cody Glen Hollingshead
Frances M Koen
Louis Koen
Carlos Delano Lefthand
Franklin Delano Lefthand
Judy Kay Conway
Joan Lira Lamascus
Alan Ray Little Coyote Pyle
Charles Little Coyote
Marvin Gene Lumpmouth
Carmalita Lily Koch
Kathleen McPherson
William Cody MacK Jr
Carl William Mandigo
Eugene Chips
Charles William Moore
Vermon Tyrone Moore
Robbie Wayne Scott
Elaine Shirley Cowart
George Allen Whiteman Jr
Guy White Shirt
Leonard Damon Wolf Chief
Samual Wolf Chief
Wesley William Zarsky
Melvin Gene Zwirtz
Seanna Sue Longoria
Edwinna Michelle Bull
Marci Dee Fairchild
Baby Girl Orange
Loren Wesley Van Kirk
La Rue Ann Wells
Matthew Sterling Keonao Youngbird
John Mitchell Burgett
Susan Nellie Hawk
Gerri Gale Rahimi
Christopher Anthony Burnham
Mia Misty Dawn Cometsevah
Pinella Bianca Fisher
Anthony Juan Fletcher
Lesley Ann Moore
Steven Wayne Dubose
Craig James Wayne Dubose
Gil Lane Moynihan
Shawn Michael Michon
Nahum Shawn Orange
Shawn Felicia Risingbear
Michael Duane Sutton
Joseph Ernest Gordon
Randall John Englert
Travis Lee Sawyer
William J Whiteshield Sr
Melanie Dawn Webb
Regina Marie Curtis
Brian Joseph Christy
Gary Dale Christy
Christy Joanell Helms
Rivers McKenzie
Paul Moses Escobedo
Daniel Le Roy Starr
Rebecca Leann Starr
Robert Leigh Starr
Martha Gayle Tenorio
Marvin L Patton
Gayla Elizabeth Pavon
Richard Vaughn Pewo
Thomas Rabbit Sr
Deborah Kay Tallon
Pamela Joyce Balderas
Anthony Shoulderblade
Eric Daniel Minnis
Carmelita Turtle
Darlene Joyce May
Frank Lee Wapp
Christina Calvin
Joannie Sue Riddle
Angelina Renee Fletcher
McLain Rene Arellano
Sandy Hawk
Jeanne Yvonne Ramirez
Terri Ann Marie Straight
K-93600 Jerrick Russell Hart
Robert Lee Godfrey III
Christopher Lee Goodbear
Sarah Louise Hart
Jamie Marie Little Coyote
Quinn Lynn Yellow Eyes
Whitefeather Zotigh
Isslinajo Arne Luedemann
Shannan Rose Stepp
Samantha Arlene Stepp
Brittany Katherina Gloody
Benjamin Paul McCawley
Michael Keith Randall
Juan Carlos Rosales
Carina Francoise Yanez
Evadonna Sierra Robles

TOMYS SERAPES

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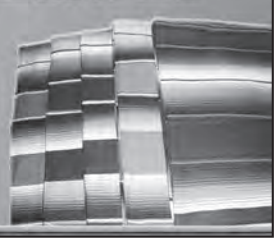

Reminder:

The deadline to submit information for the **May 15, 2010** *Tribal Tribune* is **May 8, 2010**. All late submissions will be placed in the following issue, unless space is available. - **Deadlines are on the 8th and 23rd of each month**, unless the date falls on a weekend, then the deadline will be the Friday before. -

All copy submitted is requested to be sent electronically in Microsoft Word, if possible, without boxes around the text or hyperlinks. We are unable to open Publisher documents nor can we publish copyrighted material without permission. *Thank you*

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Cheyenne and Arapaho tribes

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PROGRAM PROFILE

Cheyenne, Arapaho Tribes R.E.Sp.E.C.T. Program
(405) 422-7570 Concho
(580) 323-2602 Clinton

BRIEF HISTORY:

Since the R.E.Sp.E.C.T. program's inception, the staff has implemented a multifaceted program that besides the core activities (recreation, exercise, and sports), includes other components, such as wellness, education and leadership. Building character, citizenship, identity, self-esteem and improving academically are only a few aspects that the program addresses. The sponsored activities and events also provide opportunities to mentor the youth to become responsible adults and generate unity among tribal members.

The R.E.Sp.E.C.T. program focuses on healthier lifestyles and supportive family relationships. Tribal members are encouraged to participate in physical fitness activities and attend activities to provide support for family members. By encouraging participation in recreational, exercise, sports and related activities, the R.E.Sp.E.C.T. program has become the catalyst for bringing tribal members together.

UPCOMING EVENTS

Our upcoming events for the month of May are:
Survival Camp in Hammon on May 1-2, 2010
Elders Day Out in Olahoma City May 5, 2010
Mothers Day Cookout May 15, 2010
U6-U12 Soccer Tournament May 16. 2010
Red Moon Activities May 29, 2010

YOUTH PROGRAM

The Cheyenne & Arapaho R.E.Sp.E.C.T. Program is a recreation, exercise and sports program for the adults, elders and youth tribal members.

The primary focus of the program is to provide opportunities for tribal youth. The program currently assists youth with financial assistance in the following areas: camp and clinic, league and uniform fees, tournaments, all state and championship ring and letterman jackets, athletic shoe program, Exceptional Student Athlete (National and International) and the College Student Athlete Scholarship.

The program also sponsors a youth basketball program, the Cheyenne and Arapaho Youth Council, sports and fitness camps and a running club.

Through these programs we offer unique opportunities that contribute to the growth of our participant's personal development. We provide education and awareness in as many areas that are relevant to tribal youth. As our program progresses we intend to provide as many opportunities to our tribal youth to encourage them to be respectful young adults.

CLINTON R.E.SP.E.C.T. OVERVIEW:

We at the Clinton RESpECT site are in full swing of things. We have ongoing leagues as well as daily activities for the youth and adult alike.

We currently have two leagues that are midway through the season. One is our bowling league on Wednesday nights and the other is our volleyball league on Friday nights. Both leagues have had outstanding turnouts and participation. They will both be coming to an end soon, so keep a lookout for new leagues forming!

Our daily activities include elder exercise days on Mondays and Wednesdays, as well as our youth Cheyenne language class on Tuesday afternoons.

Last, but not least, is our adult Cheyenne language classes held every Thursday morning. Please feel free to contact us if you have any interest in attending these classes.

R.E.SP.E.C.T. STAFF

CONCHO
Parry RomanNose, Director
Carrie Whitlow, Assistant Director
Reggie Island, Concho Coordinator
Jerilyn Longknife, Events Planner
Jean Bear, Administrative Assistant
Robert Woods, Jr., Facilities Engineer
Greg Spottedbird, Wellness Tech
Andrea Main, Wellness Tech
Victor Maldonado, Wellness Tech
Leaf Minear, Wellness Tech

CLINTON
Marshall Franklin, Clinton Coordinator
Tiffany BullComing, Administrative Assistant
Creg Hart, Wellness Tech
Brandon Nowlin, Wellness Tech
Lucian Twins, Wellness Tech

Cheyenne district three gives thanks

Submitted article

Courtesy photos
Easter egg hunt at the Eldon Lyon Park in Oklahoma City.

The C3 Office held Easter Egg hunts for the Oklahoma City constituents on March 30, 2010 at the Eldon Lyon Park.

On April 2, 2010 the C3 office held another Easter egg hunt at McLain Rogers Park in Clinton, Okla. for the surrounding communities.

Easter egg hunt at McLain Rogers Park in Clinton, Okla.

There were approximately 150 adults and children at each event. A meal and egg hunt were held for our C3 children.

Mary Jo Higgins would like to thank the Lucky Star Casino for co-sponsoring the Clinton event and Freda Aguilar and Alton Harrison for cooking and preparing the meals at the Clinton event.

We look forward to having future events for our C3 constituents.

ATTENTION
CHEYENNE & ARAPAHO TRIBAL YOUTH

The RESpECT Program will be transporting and chaperoning 20 youth to the

NativeVision Sports and Life Skills Camp

on Thursday, June 10 to Saturday, June 12

The camp will take place at Santa Fe Indian School in Santa Fe, New Mexico. The camp will provide instruction in football, basketball, soccer, volleyball, running and lacrosse.

For students entering High School in Fall 2010 or already in High School.

If you are interested in attending or would like more information, please contact the R.E.Sp.E.C.T. Program at 1.800.247.4612 Ext. 27570

The Deadline to register is May 25th.

Veterans Health Fair

The Lawton Service Unit will be sponsoring a Veteran's Health Fair to assist our Native American veteran patients in applying for eligibility for health care services at the VA facilities.

We will have the Lawton Service Unit benefit coordinators and representatives from the VA available to answer any questions you may have and assist with the application process. Please make plans to attend and bring your DDj-214 (Military Discharge Document) to the Lawton Indian Hospital-Main Conference Room, from 10 a.m. to 2 p.m., Saturday, May 15, 2010.

If you are able to attend please **RSVP** with Rita Darnell at the Lawton Indian Hospital at (580) 354-5135 or toll free at (888) 275-4886, ext. 5135 **by Wednesday, May 12, 2010.**

The Oklahoma Indian Nation Powwow Committee

is now accepting food vendor applications for the 21st annual celebration scheduled for Aug. 6, 7, and 8, 2010. Cost is $350 for three day weekend. For more information, contact Christine Morton (405) 422-7545, cm_arapaho@hotmail.com or Dara Franklin (405) 262-5131, dara_franklin@yahoo.com.

Lunch & Learn

Do you think you just have to shop at a health food store to eat healthy? Ever get tired and stiff while at your desk working and need a mid-day pick-me-up?

Join the Diabetes Wellness staff for lunch and learn how to eat healthy while on a budget and how to perform stretching exercises at your desk. Get healthy tips on nutrition, physical activity and fitness.

When: Wednesday, May 5th

Time: Noon to 1:00pm

Location: Independent Living Center Clinton, OK

Topic: Healthy Eating on a Budget and Stretching Exercises at Your Desk

Navajo

Continued from page 3

dition treated at Tuba City along with its complications, including renal failure, vascular and heart disease and strokes, said chief medical officer Alan Spacone. Alcoholism, diseases related to uranium mining and contamination, and crash injuries along the reservation's poor roads also are prevalent here.

The dismal statistics are motivating to Native doctors and medical students alike.

ATTENTION OKLAHOMA CITY ELDERS

The Cheyenne and Arapaho Elder Care program will be providing assistance to elders living within the Oklahoma City area at the United Urban Indian Council office, 4801 N. Classen Blvd., Suite 200 from 10 a.m.-3 p.m. on Monday, May 3, 2010.

For more information contact Alan Fletcher at (405) 422-7436.

To reach the united Urban Indian Council office call (405) 810-9202.

Bread (Choctaw - Chickasaw) Banaha

Cooking with commods

2 cups cornmeal
1 1/2 cups hot water
1 teaspoon soda
1 teaspoon salt
corn shucks (boil about 10 minutes before using.)

Mix dry ingredients. Add water til mixture is stiff enough to handle easily. Form small oblong balls the size of a tennis ball and wrap in corn shucks. Tie in middle with corn shuck string, or use oblong white rags 8 x 10 inches, cut from an old sheet. They are much better boiled in shucks. Drop covered balls into a deep pot of boiling water. Cover and cook 40 minutes. Serve.

Indians used to heat hog lard and pour it over bread as gravy. Leftovers may be stored in refrigerator. To serve, slice each ball into 1/2 inch slices and fry in hot fat. Variation: Add 1/2 cup cooked black-eye peas or red beans to recipe.

EATING well for DIABETES

By Kristie Purdy, MA, RD/LD
C&A Diabetes Wellness Program

Managing Weight While at Work

Often times the culprit for unwanted weight gain may be the office or our work environment. Many of us already know our jobs have become increasingly sedentary as we spend much of our days behind a desk staring at a computer and shuffling papers. So how do we adopt a healthy lifestyle during our working hours? The following tips may offer some help.

Try to avoid eating at your desk. Many of us try to gain a few extra minutes in our day by eating at our desk while getting some work done. This can be a mistake. When we eat at our desk while performing another task it can lead to "mindless" eating, and often times we are not aware of how much food we really ate. By not taking the time to enjoy your meal, eating at your desk can leave you with a feeling of dissatisfaction.

If you fall into the trap of eating at your desk and you just can not seem to step away, you may want to consider changing the time of your lunch. Do you really have to eat your lunch at exactly noon? You may want to speak with your supervisor about changing your schedule around. You may be able to better work lunch into your schedule by eating an hour earlier or even and hour or so later.

If you must eat at your desk, buy snacks and meals that are portion controlled. When food is not portion controlled, it is much easier to eat far more than what we intended to.

Many of us have to travel and attend meetings as a part of our daily duties. Often times these business lunches involve food. Always try to start these lunches with soup or salad. By starting your meal with a soup or salad you will be less likely to eat more when your actual meal arrives.

If you know what restaurant you will be dining at, you may want to do your research before you arrive. Many restaurants have nutrition information available on-line, or you may want to call ahead to the restaurant and have them fax a menu to you. By looking over the menu before you go to a restaurant you will be better prepared to make a healthy choice once you arrive.

Try brown-bagging your lunch instead of ordering take-out on a daily basis. Bringing your own lunch is one of the best ways to control what you eat. Eating take-out on a daily basis can quickly lead to a growing waist line. If you have access to a communal fridge, take advantage. If you do not have time to make your lunches the night or morning before work, you may consider buying "work" groceries and storing them in the fridge. By keeping a loaf of bread and deli meat or a stash of healthy frozen entrees, you will not have to make your lunch before work on a daily basis.

Instead of keeping a candy dish at your desk, you may want to consider keep a fruit bowl instead. A dish overflowing with sweet treats can be very tempting to dip into. Fresh fruit will provide your body with good nutrients while helping to curb your appetite.

Whether it is a birthday, holiday, baby shower or special event, some offices are always finding an excuse for a celebration. If your office falls into this category, try offering to bring a healthy dish instead of bringing a sweet treat or high-fat snack.

If you tend to over eat at these special events, try eating before you come. By eating before you come, you will fill your stomach and be less likely to over indulge. Before fixing you plate, be sure to survey the entire buffet. By looking first to see what all is available; you'll be able to choose only those items you really want to try the most.

Some of us fall into the category of emotional eaters. There may be times at work where you may be challenged, stressed, or even overwhelmed. This can cause some of us to want to reach for food as a way of coping with feelings we can not control.

If you notice a pattern of reaching for food when you start feeling a little stressed out, try taking the time to plan other activities instead of reaching for food. You may want to consider taking a brief ten minute walk before deciding if you are really hungry or not.

Be sure to watch what you sip on at your desk throughout the day. Liquid calories can easily add up. Thirst can easily be mistaken for hunger, so try hitting the water cooler. Staying hydrated can help to keep cravings we mistake for hunger at bay. Also, try to limit the amount of caffeine you drink. Caffeine tends to dehydrate our bodies.

Be sure to get enough sleep. When we are tired we tend to reach for less-than-healthy foods. By getting the proper amount of sleep our bodies need each night we are more alert to make better choices when it comes to the food we put into our bodies.

For questions concerning nutrition, diabetes or weight management, please contact the Cheyenne and Arapaho Diabetes Wellness Program at (405) 422-7688.

BRIEFS

The 2010 annual Tribal Self-Governance Conference
May 2-6, 2010 at the Talking Stick Resort located in the Salt River Pima-Maricopa Indian Community in Scottsdale, Ariz. For more information or to register visit www.TribalSelfGov.org or call (360) 380-1820.

The eighth annual Trading at the River Conference and Tradeshow
May 3 -6, 2010 at the Tulalip Resort and Casino in Tulalip, Wash. Designed for Native entrepreneurs and Tribal business development.

The 11th annual Native American Finance Conference
May 11-12, 2010 at the Wild Horse Pass Hotel and Casino in Phoenix, Ariz. For more information or to register visit www.imn.org/nafc2010_ict.

Electronic Records Management for Tribal Organizations
May 17 - 18, 2010 at the Platinum Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

The seventh annual Construction in Indian Country International Conference
May 18-19, 2010 at the Talking Stick Resort in Scottsdale, Ariz. To register or for more information visit www.construction.asu.edu/ciic.

Care and Management of Cultural Items for Tribal Museums and Individuals
May 18-19, 2010 at the Platinum Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

The 15th annual Enrollment Conference
May 18-19, 2010 at the Radisson Ft. McDowell Resort and Casino in Phoenix, Ariz. For more information or to register visit www.dciamerica.com.

Professional Communication Skills for Native American Women
May 19-20, 2010 at the Platinum Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

The seventh annual Native Board and Council Members Conference
May 20-21, 2010 at the Radisson Ft. McDowell Resort and Casino in Phoenix, Ariz. For more information or to register visit www.dciamerica.com.

Language Preservation Technologies for Tribes and Tribal Organizations
May 20-21, 2010 at the Platinum Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

The 17th annual National Tribal Environmental Conference
May 23-27, 2010 at the Isleta Casino and Resort in Albuquerque, N.M. For more information or to register contact Mary Velarde at (505) 242-2175.

International Network of Indigenous Health Knowledge and Western Symposium on Language Issues
May 24-28, 2010 at the University of Oregon in Eugene, OR. For more information email ealexander@tgh.org.

Conference highlights tribal law, women in leadership

By David Bearshield, Reporter

The Native American Consulting group from Spirit Rock Consulting of Alexandria, Va. lead the Native American Women's' Leadership Training and Basic Law Forum conferences.

Both conferences were held on Thursday, April 23, 2010 at the Hilton Garden Inn in Albuquerque, N.M.

Attorney Aurene Martin and Dr. Sandy Kewanhaptewa-Dixon led each conference with ideas on law and women in leadership positions within a Native American society.

Dr. Kewanhaptewa-Dixon extended a welcome and introduction on empowering Native American women to serve in Indian Country. Many Native American women from across the nation were in attendance. This conference provided an emphasis on Native American women in tribal leadership.

"Look around your office or department, are there more women than men? This is an increasing trend across Indian Country and many of your tribal governances are built on the matriarchal society, so naturally more and more of our governing boards are going to be led by women. This training will assist you on learning important skills and strategies on how to cope with the ever changing workplace," Kewanhaptewa-Dixon said.

Cheyenne and Arapaho Tribes Executive Branch Chief of Staff, Ida Hoffman, attended the session contributing her knowledge in leadership roles of women in all levels of tribal governmental administrations. She also provided insight on challenges that face women in leadership.

Tribal representatives from across the United States attended the conference, Basic Law Forum. Martin provided an introduction on the history of basic laws in Indian Country and the understanding of tribal government in relation to the federal government today.

"The relation of the Indians to the United States is marked by peculiar and cardinal distinctions which exist nowhere else. What is tribal law? Why is it important? These two questions are going to be answered during these sessions. It will help you understand the tribal governmental powers, forms of tribal governments and will help you to continue your fight to retain as much sovereignty as possible," Martin said.

Also representing the Cheyenne and Arapaho tribes at the law form were Vera Franklin, executive branch legal office analyst, Kimberly Richey, assistant tribal attorney general, Patricia Hernandez, assistant director of administration, Eddie Henry, gaming commissioner, Bruce Whiteman, Cheyenne district one legislator and Patrick Spottedwolf, Arapaho district three legislator.

Photo by David Bearshield

Native American Consulting Conference attendees from l-r: Vera Franklin, Cheyenne and Arapaho tribes' legal analyst, Aurene Martin, Attorney-at-Law and conference instructor and Kimberly Richey, Cheyenne and Arapaho tribes' assistant attorney general.

"Our tribes have faced many challenges with our newly adopted constitution. We as a nation are trying to illuminate future dilemmas on over stepping branch to branch operations," Franklin said. "This will allow our government to move swiftly into the future under our new administration. At times governmental agencies have forced our hands to be tied from moving forward and I hope through this conference we can become knowledgeable and understand how to prevent any future interferences so we can move forward as a tribe."

Minnie Two Shoes

Native American Journalists Association (NAJA) President Ronnie Washines made the following remarks on the passing of journalist Minnie Two Shoes

I simply cannot see going to a NAJA conference and not being able to see Minnie Two Shoes walking down a hall and greeting you with a smile, warm hug and a quick joke.

She was one of the Native journalists who answered the call to be at Pennsylvania State University in 1984 to set the beginnings of the Native American Press Association, which later became NAJA. She was a lifetime NAJA member and had the notes, programs and photo journals to prove it. She served on the NAJA board several times and was on the current board, which she dubbed, 'The kinder, gentler NAJA.'

She was a sincere advocate of free press, free speech and free food for everyone. She held a deep respect and love for NAJA and the mission of the organization.

She accepted the additional duties and responsibilities of being an active, contributing NAJA board member even though she was forced to deal with personal health concerns.

I will personally and professionally miss her sense of humor, her dedication to Native journalism and the respect she held for tribal culture and teachings.

The Native American Journalists Association extends our heartfelt condolences to her family, her people and her colleagues.

The journalist and Native world here has one less champion, but I am confident that she has earned a place in the kinder, gentler world she will now walk through eternity.

I pray Creator welcomes and embraces Minnie Two Shoes and comforts the hearts of her surviving family.

Courtesy photo

Minnie Two Shoes

Minnie Two Shoes, Assiniboine Sioux from the Fort Peck Reservation in Montana, was born March 24, 1950 and walked on April 9, 2010 in Minneapolis, Minnesota.

Florida Senate approves Indian gaming compact

TALLAHASSEE, Fla. (AP) -- A 20-year deal that would give the state a windfall for allowing the Seminole Indians to expand gambling at tribal casinos won approval Thursday in the Florida senate. The measure that passed 29-9 is expected to generate nearly $1.3 million for the state in the first five years and more later, if also passed by the House, which has balked at similar previous proposals.

Gov. Charlie Crist, who negotiated the compact, said he would sign the bill (SB 622).This is the third time over three years that Crist and the Seminoles have agreed on a compact.

"Let us basically put this issue to rest," said the sponsor, Sen. Dennis Jones, R-Seminole. The Florida Supreme Court rejected the first deal because the governor tried to implement it without the Legislature's approval. A House committee rejected the second agreement because it allowed more expansion than lawmakers wanted. The same panel, though, has approved the latest compact.The tribe would get the exclusive right to have blackjack and other table games at three Broward County casinos and two others in Imokalee and Tampa.

All seven tribal casinos would be able to keep operating Las Vegas-style slot machines. The compact also is subject to approval by the U.S. Interior Department, which oversees Indian affairs.

The only debate against the measure came from Sen. Ronda Storms, R-Valrico. She argued it would result in an increase in compulsive gambling and related societal ills including crime and suicide. She read a resolution in opposition from the Florida Sheriff's Association and statistics indicating about a third of those who call the state's compulsive gambling hot line say they've also committed a crime including fraud, embezzlement and theft. "Whatever the cost it's not worth it for the cost to society," Storms said.

She also decried a lack of funding for compulsive gambling treatment. The Senate defeated a motion by Storms to earmark 1 percent of the state's proceeds from the bill to such treatment. Jones opposed it, saying the deal already includes $3 million for compulsive gambling. Storms argued that money is to pay for a hot line and pamphlets, not treatment.

Debating in favor of the bill's passage, Jones said it doesn't expand gaming at all but legalizes existing gambling.

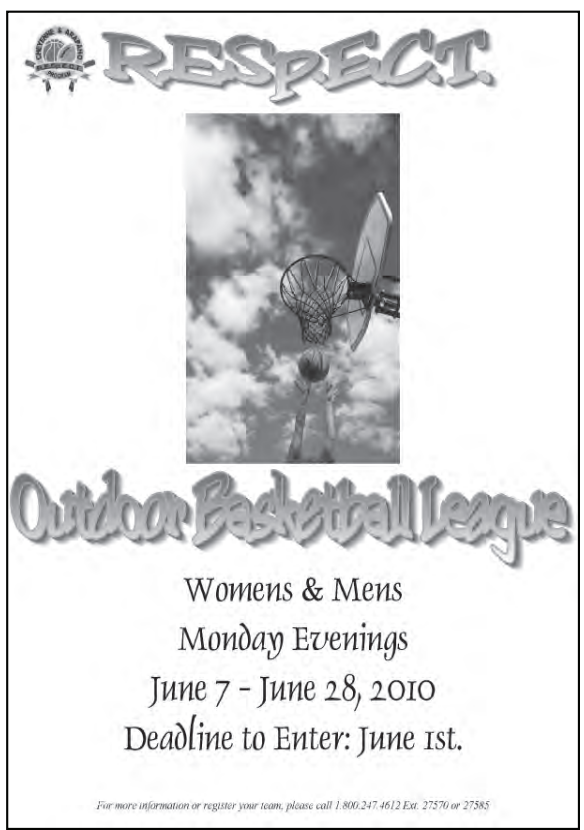
"They're already playing," he said. The tribe expanded gaming at its Florida facilities in 2007 upon reaching the first agreement with Crist. It also has been putting Florida's take in an escrow account that's expected to grow to $288 million by June 30, the end of the current budget year.

Unlike the previous proposals that would have allocated that money to education, the new deal would put those dollars into the state treasury without any restrictions on its use.

The bill also provides some financial help for the state's betting industry - horse and dog tracks and jai alai frontons - due to the new competition they are getting from the Seminoles. It would lower taxes from 50 percent to 30 percent for such facilities outside Miami-Dade and Broward counties, the only places where pari-mutuels are allowed to have slot machines.

The bill also would lengthen operating hours and set higher limits for card rooms statewide. Pari-mutuels outside Miami-Dade and Broward could add bingo-style and video-lottery machines.

SWOSU
Basketball Camp
June 6 -9, 2010
Native American Girls Boarding Camp
Grades: 3rd thru 10th
Check in 3:00 p.m. on June 6, Check out 7:30 pm on June 9
June 13-16, 2010
Native American Boys Boarding Camp
Grades: 3rd thru 10th
Check in 3:00 p.m. on June 13, Check out 7:30 p.m. on June 16
Camp Fees will be paid by the R.E.Sp.E.C.T. Program, tribal youth will need to fill out a R.E.Sp.E.C.T. Camp & Clinic Application.
This will count as your one time assistance for Summer Camps.
Participants will receive a Free Camp T-shirt and SWOSU Basketball.
For more information, call the R.E.Sp.E.C.T. Program at
1-800-247-4612 Ext. 27570
SWOSU


RESPECT.
Outdoor Basketball League
Womens & Mens
Monday Evenings
June 7 - June 28, 2010
Deadline to Enter: June 1st.
For more information or register your team, please call 1.800.247.4612 Ext. 27570 or 27585

CALENDAR of Events

Bixby High School Indian Heritage Club's seventh annual powwow

At 2:30 p.m. May 1, 2010 at the Bixby High School gym, 601 S. Riverview, Bixby, Okla. For more information call (918) 366-2335 or (918) 760-3039.

The 22nd annual Fried Onion Burger Day Festival

May 1, 2010 in El Reno, Okla. Live entertainment, clasic car show, crafts, hamburger eating contest. For more information visit www.elrenoburgerday.com.

Comanche Nation College Spring Powwow

May 1, 2010 at Watchetaker Hall, Comanche Nation Complex. For more information, call Brian Daffron at (580) 591- 0203.

The United Aerospace Workers American Indian Intertribal Society's 24th annual All Nations Indian Youth Contest powwow

At 2 p.m. May 2, 2010 at 1414 N. Memorial, Tulsa, 0kla. (Southwest corner of Pine and Memorial). For more information call (918) 760-3039.

Cheyenne and Arapaho tribes graduation banquet

At 5 p.m. May 5, 2010 at the Frisco Center in Clinton, Okla. For more information, call (800) 247-4612 x27560.

Comanche Little Ponies 42nd annual powwow

May 7-8, 2010 at the Comanche Nation Complex in Lawton, Okla. For more information contact Lowell Nibbs (580) 583-5279 or by email at lowellnibbs@yahoo.com or Benny Cable (580) 695-9947 or by email at b.cable@yahoo.com.

Graduation Benefit Dance for Demetra Howlingwolf

May 8, 2010 at the Custer County Fairgrounds in Clinton, Okla. Supper at 5 p.m., dance to follow

OIN Princess Coronation Dance

At 5 p.m., May 8, 2010 at Darlington School in El Reno, Okla. For more information, contact Dara Franklin, at (405) 924-2787 or 262-5131 or Christine Morton at (405) 476-1134 or 422-7545.

Native American Church prayer service

May 8, 2010 in Clinton (At the family home of late Toby and Dorothy Goodblanket.) Everyone is invited to the birthday meeting for Darlene Lavonne Goodblanket who will be turning 12 on May 5, 2010. She will be in the seventh grade next school year. Dominic "DJ" Gardner of Ethete, Wyo. will be conducting the prayer service. A meal will be served at noon on May 9, 2010. Ha-Ho.

Region 8 Indian National Finals

Arrington\McSpadden All Indian Rodeo Association of Oklahoma (Formerly known as A.I.R.A.O). Membership Rodeo May 8, 2010, First Tour Rodeo June 25-26, 2010, Region Rodeo: June 27, 2010. For locations and more information, call Brad Fish, president, at (405) 474-7847, Cheryl Glory, secretary, (918) 316-7684 or the INFR office at (406) 338-7684. Also visit www.infr.org. Must purchase INFR tour card to compete.

Restoring Harmony powwow 2010

May 8, 2010 at the Tulsa West Side YMCA, 5400 South Olympia Avenue, in Tulsa, Okla. Awareness walk at 10 a.m., gourd dance at noon, supper at 5 p.m., grand entry at 6 p.m. For more information, call Tamara Newcomb at (918) 382-2205 or tnewcomb@ihcrc.org.

Walleye Rodeo sponsored by Feather Warrior Casino

May 14-16, 2010 at Canton Lake in Canton, Okla. First prize $1,000, second prize $700. For more information call (580) 866-2490.

Tunica-Biloxi powwow

May 14-16, 2010 in Marksville, La. on the Chief Joseph Alcide powwow grounds – Tuncia-Buloxi reservation. Dance and drum competitions. For more information call (800) 946-1946 or visit tunicapowwow.org.

Golf scramble

May 15, 2010 at the Sugar Creek Golf Course in Hinton, Okla. Registration 10-10:45 a.m.; tee-off 11 a.m. Four person scramble based on declared handicap blind draw. Closest to pin and longest drive contest, 50/50 pot. Entry fee $30, $2.50 per Mulligan. For more information call Jerry Levi at (405) 483-5438 or (405) 615-4933.

Celebration of Freedom 2010

May 28-31, 2010 Memorial Day weekend in Hobart, Okla. Featuring the Charlie Daniels Band and Gen. Tommy Franks. Tickets are $25 in advance and $35 day of concert. For tickets, call (580) 726-5900 or visit celebrationoffreedom.net for more information.

Sovereignty Symposium XXIII

June 2 - 3, 2010, at the Skirvin Hilton Hotel, 1 Park Avenue, in Oklahoma City. For more information, visit www.oscn.net/sovereignty.

Chilocco Indian School 126th reunion

June 11, 2010 at Embassy Suites, 1815 S. Meridian, in Oklahoma City. For more information, call (405) 392-5536 or (405) 377-3587.

Tinker Inter-Tribal Council powwow

June 12, 2010 at Joe Barnes Regional Park in Midwest City, Okla. For more information, call (405) 733-3587.

Third annual Native American National Championships, Open Run Community 5,000 Meter Run

At 9:15 a.m. June 12, 2010 at the Southwestern Indian Polytechnic Institute (SIPI), 9169 Coors Blvd. NW, in Albuquerque,

ENVISION THE FUTURE OF THE TSISTISTAS & HINONO'EI
2010 Student Art Competition

Envisioning the Future of the Tsististas and Hinono'ei is the theme for the Cheyenne and Arapaho Tribes' 2010 Comprehensive Planning Student Art Competition. The competition, which celebrates the continuation of our unique culture, is open to all federally recognized tribal students in grades pre-K through 12 within the historical boundaries of the Cheyenne and Arapaho tribal lands. The deadline for submissions is **May 14, 2010**.

By supporting this competition, the Planning Office and R.E.Sp.E.C.T. programs hope to inspire students to explore the future of their native culture through visual and performance arts. Entries for the student art competition should relate to the theme, ***Envisioning the Future of the Tsististas and Hinono'ei*** and reflect the importance of their culture and heritage as the future generations of the Cheyenne and Arapaho Tribes.

Submissions will be judged in four different grade levels and prizes will be awarded to 1st, 2nd and 3rd place winners in both the visual arts and performance arts categories.

In recognition of our students' artistic talents, winning entries of the visual arts category will be included in a traveling exhibition at the Cheyenne and Arapaho Tribal College in Weatherford, Okla., the Oklahoma Historical Society and the Oklahoma City History Center in Oklahoma City. (Confirmation of these and other possible sites are still in progress.)

Winning entries of the performance arts category will be asked to perform their submission at the 66th annual Cheyenne and Arapaho powwow as part of our Labor Day celebration in Colony, Okla.

The student art competition rules require that a student register their entry prior to submission. For additional information, rules and entry form, please visit www.c-a-tribes.org, email manquoe@c-a-tribes.org or call (800) 247-4612, ext. 27620.

Creating a Plan Based on the Voices of the Tsististas & Hinono'ei

CALENDAR of Events

N.M. For more information contact the race director at SportsWarriorsTC@aol.com. Online registration at: http://www.active.com/event_detail.cfm?event_id=1847342.

The National Native American Church Conference
June 16-20, 2010 at the Concho Tribal Complex in Concho, Okla. For more information contact Archie Hoffman at (405) 226-2876.

Red Earth Festival
June 18-20, 2010 at the Cox Convention Center in Oklahoma City. For more information, call (405) 427-5228 or visit www.redearth.org

Indian Hills powwow sponsored by the Oklahoma City Pow-Wow Club
July 23-25, 2010 at 9300 North Sooner Road(1/4 mile south of Britton Road on Sooner Road), Oklahoma City, Okla.

The 79th annual American Indian Exposition
Aug. 2-7, 2010 at the Caddo County Fairgrounds in Anadarko, Okla.

Wounded Knee Memorial Motorcycle Run
Aug. 6-7, 2010 from Fort Yates, N.D. to Eagle Butte, S.D. to Wounded Knee. Honoring the trail of Chief Big Foot. For more information, call Bruce Hansen at (262) 903-0869 or hansen@elknet.net

The 21st annual Oklahoma Indian Nations powwow
Aug. 6-8, 2010 in Concho, Okla. For more information, call Christine Morton at (405) 476-1134.

The fourth annual Indian Country Business Summit
Aug. 16-18, 2010 at the Embassy Suites Hotel and Conference Center, 2501 Conference Dr., in Norman, Okla. For more information, call Kip Monoessy at (706) 474-4116. Sponsored by the American Indian Chamber of Commerce of Oklahoma and the American Indian Chamber of Commerce of Texas.

CHEYENNE & ARAPAHO TRIBAL COLLEGE SWOSU EST. 2006

SWOSU Southwestern Oklahoma State University

American Indian Studies Program
Cheyenne Arapaho Tribal College Fall 2010 Course Offerings:

Prefix	Course	Section	Course Title	Day	Time
CATC	1111	4808	Intro. American Indian Studies	R	5:15 – 6:05 PM
CATC	1121	4801	College Success	T	1:00 – 1:50 PM
CATC	1121	4802	College Success (Inter Active Video Course)	R	5:15 – 6:05 PM
CATC	1204	4803	Cheyenne Language I (Receiving Site)	MW	5:15 – 7:00 PM
CATC	1254	4804	Arapaho Language I (Receiving Site)	MW	5:15 – 7:00 PM
CATC	1402	4805	C&A Constitution (Inter Active Video Course)	M	7:10 – 8:40 PM
CATC	1415	4811	Cinematography	ARR	
CATC	1415L	4812	Cinematography Lab	ARR	
CATC	2123	4810	Intro. Tribal Administration (Receiving Site)	R	6:15 – 8:40 PM
CATC	2123	4809	Tribal Government I (Receiving Site)	R	6:15 – 8:40 PM
CATC	2203	4806	American Indians Today (Receiving Site)	T	5:15 – 7:40 PM
CATC	2603	4807	C&A History	T	5:15 – 7:40 PM

For additional information contact:

Ms. Oveta Lira
Administrative Assistant I
SCI 104
(580) 774-3742

Ms. Gail Wilcox
Administrative and Admissions Officer
Cheyenne and Arapaho Tribal College
Phone: (580) 774-3139
gail.wilcox@swosu.edu

In My Eyes
by Vanessa Howell
In Memory of her mother
Shannon Kaye Tahlo
April 12, 1970-Feb. 4, 2006

When someone you love dies
there's nothing you can do...
When someone you want leaves
all you can do is want...
Well there's this one person,
she meant everything to me...
This person was my mother.
She was the mother that had to struggle
for me and my brothers...
but little did I know she was suffering.
That last day I seen her I told her,
"I Love You Mom!"
I remember that last look, that last smile
she gave me like it was yesterday...
I didn't understand why God took her so early;
there wasn't even an explanation.
But God told me one night
"Never give up on your dreams my child.
Reach for the brightest stars because
the stars you're looking at are the stars
in your mother's eyes.
She's watching you no matter what!"
It was that day I realized
all her pain and suffering was for a
reason ... she wanted her children to have dreams.
She wants us to get those stars we never thought
we could reach for and from that point I realized my
mother taught me a lesson. She taught me to stay strong,
to never give up on life, it doesn't matter how hard it is or
how much it pushes me around.
I never got to tell you but
mom, you're my hero! Even without you in this world,
I know you're in a better place.

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ANNOUNCEMENT

Wylan Buffalomeat, the grandson of the late Mary and Harry Whitehorse and Raymond and Mary Buffalomeat. is sponsoring the 2010 Cheyenne Sundance in Seiling, Okla.

Sundance dates will be announced in the June 1, 2010 issue of the Cheyenne and Arapaho Tribal Tribune.

For questions or information call (580) 323-0745.

ANITA greenwalt
NICK'S barber shop
1515 Sunset Dr.
El Reno, OK
262-1132
NO APPOINTMENT NECESSARY

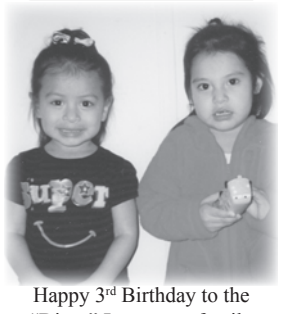
MAY

SUN	MON	TUES	WED	THURS	FRI	SAT
C&A FOOD DISTRIBUTION PROGRAM TROY LITTLERAVEN- DIRECTOR (580) 623- 7815 / FAX (580) 623-7813 TOLL FREE 1-888-747-9520						1
2	3	4	5	6 NUTRITION ED DEMO	7	8
9	10	11 CLINTON I TAILGATE	12 SEILING TAILGATE	13 HAMMON TAILGATE	14	15
16	17	18 CLINTON II TAILGATE	19	20 ELK CITY TAILGATE NUTR ED DEMO	21	22
23	24	25	26 LAST DAY TO PICK- UP FOR MAY NUTRITION ED DEMO	27 CLOSED FOR INVENTORY	28 CLOSED FOR INVENTORY	29
30	31 CLOSED	NON-DISCRIMINATION POLICY In accordance with Federal law and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, DC. 20250-9410, or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.				

HAPPY BIRTHDAY

Minnie~aught,Happy Birthday, may Maheo continue to bless you.

Happy Birthday May 28
Allen E. RomanNose
and the late Allen
Redbird, Sr.
Love the RomanNose
family

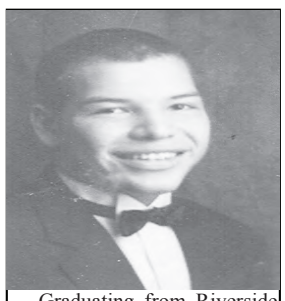


Happy 3rd Birthday to the "Divas" Love your family

Happy 16th Birthday
Kaley Cross-May 5 and
Happy 5th Birthday
Kyler Cross-May 8
We love you, mom, dad, grandma and all your family

Happy Belated 26th Birthday
Wilma Blackbear
Love your friends and family

I would like to wish my mom, Rhoda Youngbird-Braxton (holding her newest great-grandchild, Lilyana Doyah)
Happy Mother's day and a Happy 70th birthday
May 9
From Nona and your grandkids, Sierra, Seth, Levi and Tracy.
Love you!



Graduating from Riverside Indian High School May 2010 is Raymond P. Brady, 18 years old.

Announcing his graduation is his proud mother, Ranelle S. Wilson and the Stonecalf family.

Brady is grandson to the late Mr. and Mrs. Raymond L. Stonecalf, Sr. of Clinton, Okla. and the great-grandson of Chief Walter H. Fire, Sr., of Eagle City, Okla.

Brady plans to attend a junior college in San Diego, Calif. in August and is proud of his Cheyenne and Arapaho heritage.

Keep up the good work son.

Love mom, Ranelle

Happy Birthday!
Alan Ross Bowman
April 30
Love your family in Rapid City, S.D., Ashland and Missoula, MT, Douglas, WY and Kingfisher, Okla.

Happy 9th Birthday "Lil Chainsaw" Blaine Fasthorse
April 27, 2001
Love, big chainsaw (your daddy), momma, Brandy, Baylee, Tori, Malaina, Cody, Elijah, Lylah, grandpa, grandma, unkie Mitch, unkie De, Jeannie, Andy, Macey, and Little

Happy Birthday brother,
May 16, 1950
Joseph Big Medicine, Jr.
Love all your younger sisters

Happy Birthday to my "lil sista" from Janae and family

Happy 5th Birthday
Terrence "Frankie"
Buffalomeat
May 13-Love mom and dad

To Charles and Honeycomb
Congratulations on the new baby-Charles Bebrae Dominic Black, Jr. and your new job.
Love all your family

Happy Birthday Marina
Thanks for all you do
The Culture & Heritage Staff

In Memory of Mother's Day

Minnie J. Blindwoman
Mom, we miss you so very much on every Mother's Day and not just then, but every minute since you went away. You were the center of our lives before your soul passed on. It's just so hard for us to believe that you are really gone. We celebrate the life you lived and all the things you gave us. Our wonderful memories, Mom, of you are the things that will comfort and save us. Please think of us, as we think of you with hearts so full of love. We're looking up at you, sweet Mom, as you look at us from above.
Your daughters,
grandchildren
and great-grandchildren

Happy 3rd Birthday!
Anessa Cheyenne "Nessie-Cow & Yu'pik" Woods-Blackbear from your momma and Tyler, gramma, papa, uncles, aunties, sisters, brother Jam-Jam and all the Blackbear family.
We love you so much and we're glad to see the little Eskimo pie grow up before our eyes and thank you Nessie for making my world. Without you I'd be lost in this world. Momma loves you so much. Don't you ever forget it.-Love momma

Happy 5th Birthday
Alexa Mae Black
Minweah-April 8
Love your dad Larry Black, all the Black family and all your Cheyenne grandmas

Happy 7th Birthday
Isaac Lakota Canaday (Keya)
April 15
You are one of our joys in our lives. We love you, papa Henry, uncle Elsie, lil bro. Isaiah and Nakota

Happy late Easter to our uncles, Sonny J. Limpy and Brian D. Limpy and family

Thank you

I would like to thank the Cheyenne and Arapaho tribes for their assistance in my daughters' funeral, Rikki and Tara Big-Medicine on April 15, 2008.

I appreciated their assistance with the funeral arrangements in Lame Deer Mont. and financial assistance.

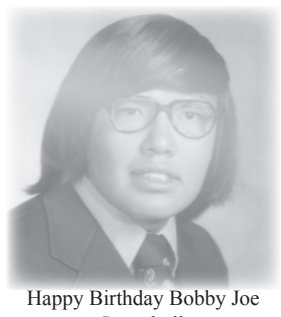
Rita BigMedicine

Happy Mother's Day

In Loving Memory

April 28, 1934-Aug. 19, 2008
Today you would be celebrating your 76th birthday. It's been 20 months since you left us. As a family we are lost without you. You are missed more today than the actual day went to be with the Lord. I know you are in a better place, you no longer are suffering or in pain. You left us with beautiful memories and I will cherish them forever. Things are not the same without you, but I know we will see you one day. Until then … you're missed and loved so much!
Your daughter, Edwina

Happy 5th Birthday Cissa
May 19
Love daddy Alfred, mom Carmen, sisters, Lauyrence and Chante, grandma Betty, grandpa Joe, auntie JoJo and uncles Allen and Brandon



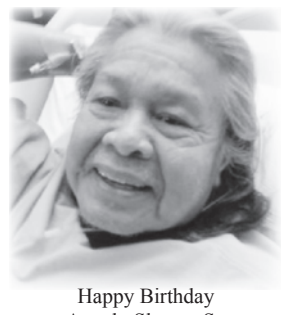
Happy Birthday Bobby Joe Lamebull
May 14, 1957
Best wishes on your birthday from Kristie, Carrie and Jamie

Happy 2nd Birthday
May 3
Cayden Mae
God bless you and keep you
Love, mommie, gawma, dantie Alisun and all your "gunkles"

Happy Sweet 16 Birthday
Morgan Michelle Halfred
May 2
We love you and we're so proud of you! Momma, Don, Henry, Lexus, Michael, Bobby, Charlee and the rest of your family

In Loving Memory

"Bubba" Chris Black
Aug, 15, 1985-April 28, 2009
Like a song forever sung,
You will live on.
Though you are missed
you will never be forgotten.
In our hearts and on our minds today and everyday
Loving you always, mom, Clarence, Bam, Margaret, Brandi, Carl Jr., Michael, Kevin, and Jenna



Happy Birthday
Angelo Sleeper Sr.
May 7
"Certain is it that there is no kind of affection so purely angelic as of a father to a daughter. In love to our wives there is desire; to our sons, ambition, but to our daughters there is something which there are no words to express."
From all of your kids, we couldn't ask for a better dad. You were always there when each of us needed you.
We love you daddy!

Happy Birthday to all my loved ones!
Ashley Sue-April 1
Joel Heimer-April 12
Tysha Dane-April 8
Kim Kauley-April 8
J.B. Highwalker-April 27
E.G. Highwalker-April 16
You would've celebrated your 51st birthday.
You're loved and missed so much Jalen Highwalker-March 18
Javona Highwalker-April 9
Love Edwina Pewo

You used to wear your towel as a cape and pretend to be superman! You were our track star and fisherman of the year. You will be a groom here pretty soon-our Lucky Star hero!
Guess Who?
Happy Birthday Mikey Boy!
We love you
mom (Carmen Gray), Jinxie, Hauli, Charles, Laci, Emily, CJ, Earl and grandma Beulah

Happy 15th Birthday
Simon Washee
Happy birthday son, you have always made us proud to be your family. Thank you for giving it all you have in all you do. Love mom and dad

In Loving Memory

My daddy-
Christopher George Black
Aug, 15, 1985-April 28, 2009

Daddy,
It's been a year since you left. I still talk about you everyday. I think I surprise everyone because I am so little yet I remember everything. I know it's because of the bond we shared and I have a lot of people around me that help me cope with you being gone. Especially the staff and all my friends at my school. I miss you so much and I wish you could see my new hair cut. I held your picture and showed it to you daddy. I hope you like your angels I picked them out all by myself. I am growing up without you but I know you will always be watching over me. Missing you forever daddy and loving you always.
Your baby girl,
Trinity Paige Black

Happy 7th Birthday to our beautiful Mi!
Hope your day is special!
We love you baby, grandma, aunties, LynLyn, JuJu and bubba Chuck

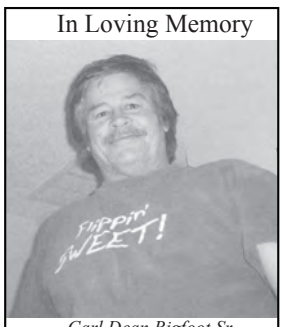
Happy 12th Birthday Casey
May 8-Hope you enjoy your day and congratulations on being Student of the Month for February! Keep up the great work. Love your Family

Happy Belated 6th Birthday
Isaac Fire Hernandez.
April 19
Also congratulations on your graduation from kindergarten.
Love, mother Krista and grandma Sunny

Lordy! Lordy! Look who's 40! All of us at the Housing Authority are wishing you a very Happy 40th Birthday
May 7
The Creator gave you life and made this world a little sweeter! May your birthday wish come true! (No, it's not vacation time yet!)

Happy Birthday
Sheena Marie Gaines
April 28
"Success is getting what you want. Happiness is wanting what you get."
Love mom, dad, Alex, Destiny, Sabrina, baby Luka, Silvia, David and Jeanine, Markus, Michelle, Melissa, and Monty

In Loving Memory



Carl Dean Bigfoot Sr.
March 23, 1957-May 31, 2008
We thought of you with love today but that is nothing new. We thought about you yesterday and days before that too. We think of you in silence. We often speak your name. All we have are memories and your picture in a frame. Your memory is our keepsake with which we'll never part. God has you in His keeping, we have you in our hearts. Although it is already two years since you left us, it seems like only yesterday.
Love and missing you, Jeannie and children, Clarence, Bam, Margaret, Brandi, Carl Jr., Michael, Kevin, and Jenna

Employment Opportunities

Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license, and CDIB to: Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: eolguin@c-a-tribes.org

Internal Auditor Director
Department of Treasury
Closing Date: May 5, 2010

QUALIFICATIONS:
Bachelor's degree in accounting, management, finance or business. Required Certified Internal Auditor (CIA), and /or Certified Government Auditing Professional (CGAP), and or Certified Public Accountant (CPA).

SALARY: Negotiable

Receptionist
Crisis Program
Closing Date: May 5, 2010

QUALIFICATIONS:
High school diploma or GED certification and one year of related experience required. Computer knowledge and skills preferred. Valid Oklahoma state driver's license. Proficient communication skills, both oral and written. Knowledge of filing procedures with ability to maintain and/or organize department records. Skilled with general office equipment. Ability to work with public in all aspects. Cheyenne-Arapaho tribal preference.

SALARY: Negotiable

Telephone Caseworker
Crisis Program
Closing Date: May 5, 2010

QUALIFICATIONS:
Bachelor's degree in social work or associates degree with one year experience in related field or two years experience in related field. State issued driver's license required. FEMA NIMS certified within one year of selection.

SALARY: Negotiable

Warehouse I
Food Distribution Program
Closing Date: May 5, 2010

QUALIFICATIONS:
High school diploma or GED certificate required. Must be able to do moderate to heavy lifting. Must pass a physical examination. Must have demonstrated ability to operate PC computer. Oklahoma CDL license preferred and forklift operator's license required. Must possess a valid Oklahoma driver's license. Cheyenne and Arapaho tribal preference.

SALARY: Negotiable

Cheyenne and Arapaho tribes
(405) 262-0345 / (800) 247-4612

TRIBAL TRIBUNE DEADLINES-8th and 23rd of each month

A.A Meetings
7 p.m.-Wed.
at the
George Hawkins
Memorial
Treatment Center
East of Clinton on
Airport Road
For more information (580) 331-2370

TRIBAL TRIBUNE
DEADLINES
At 5 p.m. every 8th and 23rd of the month.

Diabetes Wellness COOK OUT

Our optometry technician will be attending with a variety of glasses to choose from. Please provide a copy of your current prescription, proof of residency, CDIB and diabetic medication. Glasses cannot be ordered without this information.

N7 Shoe Program will be attending with a variety of Native Nike shoes to choose from. Our community health nurse will perform a foot exam and fit you with the best shoes. Please provide a copy of your CDIB, proof of residency and diabetic medication. Shoes cannot be provided without this information.

Buffalo Project-The Diabetes Wellness staff will be grilling buffalo burgers for everyone.

If you have any questions please call (405) 422-7458

11 a.m. - 2 p.m. Wednesay May 12, 2010 at the Seiling Community Building in Seiling, Okla.

Dwayne's Lawncare & Landscaping
Professional Services
Mowing/Edging
Weedeating
Trimming
Pruning
Gardening
Flowerbeds
Plant/Shrub-
Removal or
Replacement
Call For Free Estimate
(405) 823-7501
Ask for Dwayne

Notice

The Housing Authority has updated the home rehabilitation list for the stimulus grant. The deadline to have these homes obligated for repairs is fast approaching. If your name is on this list please call Teisha Tallbear before **May 15, 2010** in order for us to process the necessary paperwork for eligibility.

We need copies of CDIB's, social security cards, annual IIM statement if applicable, and paycheck stubs or any income related statement for any person that resides in the home.

We also need a copy of the deed in the homeowner's name, and applicant's signature on application. If we do not hear from you by the deadline, you will be dropped from the list.

Please call (580) 323-4877 or (580) 331-2421 if you have any questions.

Bessie Blackbear
Carol Richey
Gregory Cometsevah
Guy Hicks, Jr.
Irene Deer
Joesphine Borunda
Leona Stepp
Mabel Ogden
Mary Snodgrass
Nellie Starr
Norma Buffalomeat
Norman Sheridan
Sophia Tiger
Susan Warner
Virgil Quick

Broken by failures in the past?
Why do I keep doing this to myself?
Think that you are alone?
Think that is just the way I am?
Turn to God for help and healing. The Bible is the greatest book on RECOVERY.
The 12 Step Overcomers Group meets at 7 p.m. on Tuesdays at the Geary Indian Community Building-Meal served after meeting.
For more information call Lydia at (405) 837-6755.

Wedding announcement

North-Hicks

Julie Michelle North and Mitchell Lee Hicks would like to announce their upcoming nuptials at 3 p.m., Saturday, May 1, 2010 at the Erick Country Chapel in Erick, Okla. Parents of the bride-elect are Justin and Mary North, of Erick, Okla.

Parents of the groom-elect are Donnie Osage of El Reno, Okla. and Sherri Hicks of Watonga, Okla.

The bride-to-be is a 2005 graduate of Erick High School. She received her license in cosmetology from Woodward Beauty College in 2008. The groom-to-be is a 2005 graduate of Mooreland High School. He will be attending SWOSU-Sayre in the fall for a business degree. The couple plans to reside in Erick, Okla..

ATTENTION ELDERS IN WATONGA:
If you need your lawn mowed, please contact David Ramos, (580) 284-9674

ELDERS IN GEARY:
If you need your lawn mowed, please contact Joseph Fletcher, (405) 613-9958.

Thank you

In Loving memory of Leonard Frank Clawson
March 2, 1971-April 5, 2010

Leonard GoodBear, Jr. and family would like to thank personally Norma Black and Jerrie Ramirez of the Cheyenne and Arapaho tribes' enrollment department for the courtesy they showed and the speedy action. Also, Betty Lynn at the elder care program as well as all of our tribal members that sent their prayers and support.

My son would have been proud to see what the Cheyenne and Arapaho people can do for their own.

He passed away April 5, 2010 and was buried at the Greenlawn Cemetery in Farmington, N.M. Leonard was 39 years young and resided mostly in Albuquerque, N.M.

He had two sons, Traylee and Angeles. Two brothers that preceded Leonard in death. He will be missed.

I, also, would like to mention that my daughter gave birth to a son on the day of Leonard's burial, which she named Leonard GoodBear.

HaHo
Leonard Goodbear, Jr. and family

CHEYENNE-ARAPAHO TRIBE OF OKLAHOMA
FILED
MAR 29 2010
COURT CLERK

IN THE TRIAL COURT
CHEYENNE AND ARAPAHO TRIBES
POST OFFICE BOX 102
CONCHO, OKLAHOMA 73022

In The Matter Of The Guardianship Of:

I. L. W.	DOB: 01-26-01	Case No:	PG-2010-0004
A. E. E.	DOB: 03-06-07		PG-2010-0004A
J. A. E.	DOB: 12-11-08		PG-2010-0004B

Minor Children

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: REDMON PAUL ELLIS
UNKNOWN FATHER(S)

TAKE NOTICE, that Kenneth & Deanna Wiley, have filed in this Court a Petition For Guardianship Of Minor Children on February 5, 2010. That an Order Of Temporary Emergency Guardianship was issued February 5, 2010. That on February 23, 2010 the mother, Audrey Whitecrow submitted Appearance And Consent To Guardianship. That on February 23, 2010 this matter came for a show cause hearing, and the Court granted Temporary Co-Guardianship. That the fathers of the above-named children are to be served, if address unknown, by publication. That the parents are to pay child support, based on minimum wage for the parents, however child support is held in abeyance until service is made. That this case will be heard by the Cheyenne and Arapaho Trial

Page 2 of 2
Notice By Publication
Whitecrow and Ellis Children
PG-2010-0004; PG-2010-0004A; PG-2010-0004B

Court of Concho, Oklahoma in the Courthouse located at 700 Black Kettle Boulevard, P.O. Box 102, Concho, Oklahoma, 73022, on the 27TH day of MAY, 2010 at 9:00 A.M. at which time you may appear and show cause, if any you have, why said Petition should not be granted and that you may file a written protest in the case, prior to the date set for the hearing.

Witnessed my hand and seal of this Court this 24th day of March, 2010.

Bob A. Smith
Chief Judge Bob A. Smith
Cheyenne and Arapaho Trial Court

Petitioners:
Kenneth & Deanna Wiley
P.O. Box 2021
Elk City, OK 73648

Edmonds, Bates celebrate 73 year wedding anniversary

Submitted article

Randlett Edmonds (Caddo) and Geneva Yandel Bates (Wichita) were wed 73 years ago in Chickasha Okla., on May 1, 1937. Seventy-three years is a long time, a lifetime for many people.

Randlett will be 96 years old in June 2010, and Geneva 92 years old in December 2010.

Their children, Randy Jr. of San Diego Calif., Margie Deer, Donna Williams, and Michael Edmonds, all of Oklahoma City are blessed to have them in their lives for so many years.

They have 23 grandchildren, 44 great grandchildren, 5 great-great grandchildren.

Randlett and Geneva lived in Anadarko, Okla. and Lawrence, Kansas before retiring to Oklahoma City in the 1970s.

Randlett and Geneva worked at Haskell Institute for many years where they made many friends and lasting relationships. While at Haskell, Randlett acquired his nick-name of Frosty as he used to say "Frosty Man Frosty" from the well known commercial for Frosty Root Beer.

While Geneva's leisure time was spent as a home maker, Randlett was an avid golfer. He frequented the golf course and won many golf tournaments in A Flight. He shot his age four times since he turned 70 and has had 2 hole in ones. He still practices his short game in his back yard. Randlett also loves to sing Indian Songs. His repertoire includes hundreds of songs for Caddo dances, 49 songs, War Dance, Peyote Songs, Ghost Dance and Arapaho Soldier Dance Songs.

Randlett (Frosty) and Geneva will be celebrating their 73-year wedding anniversary at 2 p.m. on May 1, 2010 at the Golden Corral, 617 S. Air Depot Blvd., Midwest City, Okla. Their home address is 411 SW 53rd, Oklahoma City, Okla. 73109 for those wishing to send cards.

Courtesy photo

Randlett Edmonds and Geneva Yandel Bates

R.E.SP.E.C.T.
SOCCER TOURNAMENT
6 & Under
8 & Under
10 & Under
12 & Under
May 16, 2010
1:00 p.m.
Acme Brick Park
Clinton, Oklahoma
Deadline to Enter: May 12, 2010
For more information or to register a team, please contact the RESpECT Program at 1.800.247.4612 Ext. 27570

Elders Day Out
Inviting Tribal Elders!
Wednesday, May 5, 2010
Oklahoma City
11:00 a.m.-3:00 p.m.
Please register for transportation by April 30, 2010!
Contac the R.E.Sp.E.C.T. office at 405-422-7570 or 580-331-2602.
Transportation Schedule
Hammon-Community Bldg. 8:15 a.m.
Elk City-Love's 8:30 a.m.
Clinton-Homeland 9:00 a.m.
Weatherford-Old Wal Mart 9:30 a.m.
Thomas-Terrier Express 9:00 a.m.
Seiling-Shell Gas Station 9:00 a.m.
Canton-Shell Gas Station 9:30 a.m.
Watonga-Karl's Apple Mart 9:30 a.m.
Geary-Community Bldg. 10:00 a.m.
El Reno-Wal Mart 10:30 a.m.

Living Legends

Kathryn Hoffman

The Cheyenne and Arapaho Tribal Tribune *Living Legends* series showcases Cheyenne and Arapaho tribal elders.

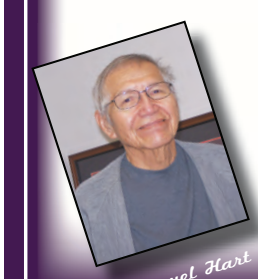
With each story we're helping current and future generations learn from tribal elders as well as share in their life experiences and treasured moments. The stories in this series are personal, intimate and irreplaceable.

Mary Belle Lonebear

We hope everyone will enjoy, learn and become inspired by the words and lessons of their elders in our *Living Legends* series. We also hope the elders, no matter where they are located, will continue to share the lessons, laughter and love they have experienced so far.

Ruby Bushyhead

If you are an elder and are willing to share your history or if you would like to nominate an elder, please contact the Cheyenne and Arapaho Tribal Tribune at (405) 422-7446 or by email at rmstephens@c-a-tribes.org.



Samuel Hart

Doty Lumpmouth

WE'VE GOT YOUR GAME!

226
Splish -OR- Splash
DASH FOR CASH
May 1st – May 31st
Earn entries all month long
to WIN a BOAT -or- $10K in CASH!
Grand Prize Drawing
Monday, May 31st at 8:30pm

LIVE ENTERTAINMENT!

Montgomery Gentry
FRIDAY
April 30th
Show at 7:30pm
LIVE AT CONCHO!

Motown Spectacular
The Coasters, The Platters & The Marvelettes
SATURDAY
May 1st
Show at 8:30pm
LIVE AT CONCHO!

Extreme Midget Wrestling
SUNDAY
May 2nd
Show at 8:30pm
LIVE AT CONCHO!

Al Green
FRIDAY
May 14th
Show at 8:00pm
LIVE AT CLINTON!

Tickets available NOW for purchase at Lucky Star Casino box office • 580-323-6599 and TicketStorm.com • 866-966-1777

Lucky Star Casino
An Enterprise of the Cheyenne and Arapaho Tribes.

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Over 1,000 Games • REZ Restaurant & Bar • Open 24 Hours!
405-262-7612 • LuckyStarCasino.org

See casino for official rules and details. Must be a Players Club Member.
Actual prize may vary from photo. ©2010 Lucky Star Casino

You may know her as Sara, Miss Sara, Momma or even the local elementary school teacher.
BUT TODAY, SHE IS KNOWN AS A CENSUS TAKER.
If Sara happens to stop by, just remember, she is someone from our community who is working for the 2010 Census. She and others are only asking for a small amount of your time to complete the 2010 Census form. It's only ten questions that help determine the need for schools, housing, roads and hospitals in our communities.
WE MOVE FORWARD WHEN WE PARTICIPATE. | 2010CENSUS.GOV
United States Census 2010
IT'S IN OUR HANDS
PAID FOR BY U.S. CENSUS BUREAU